

## **Plump Hill Social/Training Ride 18<sup>th</sup> September 2011**

### **Start time/Venue**

**Any time between 0930 and 1130.**

We are fortunate in having the same venue as last year at Shapridge Farm, Church Lane, nr Flaxley. This provides direct access into the forest and has meant we can extend the route to include some tracks not previously accessible. The venue is a field with no facilities. Water and toilet are available in emergency at the farm yard. Directions- from the A4136 Huntley direction (towards Monmouth), proceed to Mitcheldean. Just before the mini-roundabout on the Huntley side turn left towards Flaxley/Littledean. Continue until reaching a sharp right hand bend, where you will find Church Lane on your left. Take this road, bearing left and right, continuing after it becomes a farm track. The entrance to the venue will be on your left, through the farm yard. From the A4136 Monmouth direction, come downhill to Mitcheldean, until reaching the mini-roundabout. Turn right just after and follow the above directions. It is intended to sign the venue from the A4136.

### **The Route**

Please check on the day to ensure there are no route changes. Subject to the weather remaining dry, we have been permitted to use some new tracks which provide good undulating going. The route will be marked by spray-painted arrows or shavings at junction points. The short route is approx 16k and the long route approx 24k. The route crosses the A4136 twice. Please take care crossing this road, particularly as visibility is limited. It is your responsibility to ensure that the road is clear before crossing. The Forest is used by ramblers, dog walkers and mountain bikers. Please show consideration for everyone you meet, and walk past. You will encounter low branches, undergrowth and tree routes as you would expect in Forestry. Please be aware of these and exercise due caution. Please note that as the venue is down a single track lane, crewing on course is discouraged.

**Emergency Telephone number 07798 950378**

### **Hats**

Riders must wear properly secured hats or crash helmets, which should conform to the standards PAS015, BSEN1384, EN1384 or ASTM/SEI. Hats must be worn at all times when mounted.

### **Rules**

This ride is run under the auspices of Endurance GB and the Rules issued by that organisation, a copy of which will be displayed at the venue. Please ensure that you comply with the ride rules.

### **Health and Safety**

The organiser of this event has taken reasonable precautions to ensure the Health and Safety of everyone present. For these measures to be effective, everyone must take reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the organiser and all officials.

### **Disclaimer of Liability**

Save for death or personal injury caused by the negligence of its Officials and Rider Organisers, Endurance GB does not accept liability for any accident, loss, damage, injury or illness to horses, ponies, owners, riders, crews, spectators or any person whatsoever.