

Vet Talk and Social Evening

Saturday 19th February 7.30pm

Illustrated talk on Endurance Equine Nutrition **by Sybil Soulsby BVSc MRCVS**

at English Bicknor Village Hall - Bar available to us

Sybil is a team vet at the Cross-Country Clinic at Devauden, part of Chepstow Veterinary Health Centre - but more importantly for us is also an experienced Endurance rider, competing to FEI level - some in the UK, but mainly in the US and Canada.

Sybil will be speaking to us on feeding Endurance horses through the year, with reference to the nutritional needs of competing at different Levels (distances and speeds), keeping horses well and happy. Her talk will be informed by both her veterinary training and her experience of successfully competing in a wide range of Endurance events.

Directions:

English Bicknor is a small village in the Forest of Dean, not far from the Christmas Cracker and March Hares/Bluebell venues.

From Monmouth: from the A40 dual carriageway take the left hand turn across the old bridge signposted Wye Valley. Go straight ahead at both mini roundabouts taking A4136 Staunton Road (as if going to Christmas Cracker) towards Coleford. Pass through Staunton village, then at the traffic lights go straight ahead towards Gloucester. Turn left after about 1 mile or less, at The Pike House (new building of flats on the LH corner) towards Ross, Symonds Yat and English Bicknor. Keep straight on for about 3 miles. The Village Hall is on the left on a straight stretch of road in the middle of the village, just before the phone box.

From Gloucester: At Huntley take A4136 towards Monmouth and the Forest of Dean. Pass through Mitcheldean, past Cinderford turn, through Brierley and past Five Acres College. At traffic lights go straight ahead towards Monmouth, past Five Acres petrol station on right and take next right signposted Ross, Symonds Yat and English Bicknor. Keep straight on for about 3 miles. The Village Hall is on the left on a straight stretch of road in the middle of the village, just before the phone box.

From Coleford: from the B4028 (Chepstow Road) at the traffic lights by Police Station go straight ahead towards Monmouth and take right turn up hill past houses towards Ross. At junction with A4136 go straight across at the Pike House towards Ross, Symonds Yat and English Bicknor. Keep straight on for about 3 miles. The Village Hall is on the left on a straight stretch of road in the middle of the village, just before the phone box.

From Ross: take B4234 towards Lydbrook and Coleford. After Lydbrook continue straight on towards Coleford and English Bicknor. After English Bicknor sign keep straight on for about a mile to find the village on the right on a straight stretch of road in the middle of the village, just after the phone box.